

## **ABSTRACT OF THE DISCLOSURE**

A selectable lighting system and method that uses multiple cool burning compact fluorescent light bulbs of different color temperatures to provide lighting that is a mix of different color temperatures that can be selected and/or mixed to illuminate subjects of video or photographic recording as desired by the videographer. The mix of different color temperature bulbs also makes this lighting system very beneficial as a reading light, a general purpose work light or detail work task light.